Nacton C of E Primary School
Headteacher: Mrs Gemma Taylor

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16.09.24

Dear parents/carers,

RE: Nuts in school

Providing a safe environment for all our children is of course our top priority. I would like to therefore request we become a nut free school.

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has eaten nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

Parents and carers are therefore requested not to send food to school that contains nuts. This includes all types of nuts, peanut butter, Nutella, cereal/chocolate bars and any other food containing nuts. If we do see children with food that does contain nuts or nut products, they will be asked to swap that food for a non-nut product and take the nut product home unopened.

Currently, we do not have any children or adults at school with a nut allergy. However, we could welcome anyone into our community at any point who does. I have also seen for myself first hand how quickly a child can go into anaphylactic shock due to an unknown nut allergy and so I would like us all to work together to ensure we are as nut free as we possibly can be.

Thank you for your continued support.

Gemma Taylor
Headteacher